

LEVELS

GREEN	BLUE	RED	BLACK
Level 1	Level 2/3/4	Level 5/6	Level
BEGINNER	LOW INTERMEDIATE	INTERMEDIATE	ADVANCED
beginners area	blue slopes easy runs	red slopes steeper terrain	black slopes steep terrain
0-1 week lesson	1-3 weeks lessons	3-6 weeks lessons	more than 6 weeks lessons
get used to your equipment first stop (snow plough)	snowplough turns riding a lift traversing-sliding	parallel turns pole plant parallel steering	stabilize and perfect your skiing skiing off-piste